



Pieces notes, CD SUSPENDED FLOW
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1. Passage (**Mukaiji**, sample, "Flute in the Ocean Mist", look n°10)
2. Incantation
3. Heart Moon / **Shingetsu**
"The enlightened soul is like the solitary moon, its light engulfs all" (Chinese poem at the origine of the piece). *Shin* encompasses both the heart and the mind. The *komibuki* technique (panting breath) used here, and the choice of interpretation on a *jinashi shakuhachi* (non lacquered), bring us into the heart of bamboo sound and inner breath.
4. Suspended Flow - Stretch each breath, each sound, at a slow pace and a set of five breath cycles per minute, or ten pulses per minute.
5. Breaking Waves / **Daha** - Breaking Waves, strength then calm, movement then stop. The meaning of this *honkyoku* is to be understood in both its literal and figurative sense. It symbolises the constant struggle in every spiritual practice, it expresses the manifestations of a strong determined spirit.
6. Messenger-Flight - Recurrent theme of bird for the *shakuhachi*. It is here an invitation : the song of the Quick Warbler with its metronomic rigour calls us on " here and now "; the reedy singings of the birds in the forest awaken our imagination; the sea birds invite us to go : what's the destination?
7. Yearning for the Bell / **Reibo** - It is a powerful, ancient piece transmitted in the Tohoku region in northern Japan. Its origin is linked to the legend of the monk Fuke walking around with his handbell. Its sound would be followed by the *komuso*, in order to reach *satori*, awakening from illusion.
8. Migration - A slow migration while the flute progresses on an ostinato in the idea of a *robuki*, a tradition of repeatedly blowing *Ro* (the fundamental) to take possession of the instrument.
9. Ceremony / **Kuyô no Kyoku** - This short and stabbing melody is a ritual piece from the Myôan Temple in Kyôto, faithful to transmitting the original repertoire, and the title of which refers to a funeral ceremony.
10. Flute in the Ocean Mist / **Mukaiji**
Using the style of a repetitive melody with almost archaic sounds, Mukaiji belongs to one of the oldest series of masterpieces, over 700 years old. It is based on the legend of an awakened dream of a monk who would have led to the entry of shakuhachi into Japan.